

TC-L4 Skills Observation Feedback Sheet (1)

(Appropriate to Service Level A Work)

Counsellor

Client

Observer (Peer or Tutor)

Date

Beginnings:

Establish a safe space to work in-person or online/telephone:

Establish a therapeutic relationship:

Negotiate boundaries and agree ways of working together:

Develop interaction with client:

Middles:

Enable client to identify, prioritise and stay focused on their agenda:

Communicate an emotional warmth and safety:

Ability to use skills and techniques consistent with stated theoretical approach:

Ability to use skills and techniques appropriate to the medium being offered:

Endings:

Bring interaction to an end safely and appropriately: